

Bhakta kavi Narsinh Mehta University Junagadh.



Syllabus for Psychology

B.A Semester - 02

As Per Choice Based Credit System (C.B.C.S)

UG- Arts

(Effective from June, 2018)

1.Core Courses (CCT)

2.Elective Courses (ECT)

Board of study

Psychology

BHAKTAKAVI NARSHINH MEHATA UNIVERSITY

CHOICE BASED CREDIT SYSTEM (CBCS) IN U.G. (ARTS) SYLLABUS FOR PSYCHOLOGY

[A draft of C.B.C.S. Courses in B.A. Psychology Submitted for Revision of Curriculum to be executed from June, 2018]

S. No.	Diploma/ Graduate/ Post Graduate	Semester	Foundation/ Core/ Elective-1/ Elective-2	Course/ Paper's Name	Paper No.	Credit	Internal Marks	External Marks	Practical/ Viva Marks	Total Marks	Course/ Paper's Unique Code
01	Graduate	02	Core	BASIC PSYCHOLOGICAL PROCESS	Paper-3	03	30	70	00	100	
02	Graduate	02	Core	LIFE SPAN PSYCHOLOGY	Paper-4	03	30	70	00	100	
03	Graduate	02	Elective-1 & 2 Paper-03	PSYCHOLOGY OF PERSONAL ADJUSTMENT	Paper-3	03	30	70	00	100	
04	Graduate	02	Elective-1 & 2 Paper-03 (OPTIONAL)	PSYCHOLOGY OF HUMAN DEVELOPMENT	Paper-3 (OPTIONAL)	03	30	70	00	100	
05	Graduate	02	Elective-1 & 2 Paper-04	PSYCHOLOGY OF SOCIAL BEHAVIOUR	Paper-4	03	30	70	00	100	
06	Graduate	02	Elective-1 & 2 Paper-04 (OPTIONAL)	COMMUNITY PSYCHOLOGY	Paper-4 (OPTIONAL)	03	30	70	00	100	

Paper Style for Semester End University Examination

- The Paper will consist of four units.
- Every unit should be given equal weightage in the examination.

Que. 1	Long Question from the Unit - 1 (1 out of 2)	14 Marks
Que. 2	Long Question from the Unit - 2 (1 out of 2)	14 Marks
Que. 3	Long Question from the Unit - 3 (1 out of 2)	14 Marks
Que. 4	Long Question from the Unit - 4 (1 out of 2)	14 Marks
Que. 5	Short Notes: (Two out of Four)	14 Marks

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. sem II Core subject: Psychology
Paper Number- 03
Paper Name- “Basic Psychological Process ”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Core	CCT-03	“Basic Psychological Process”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental process of psychology.
- 2, Understand the basic and fundamental process of psychology.
- 3, To improve knowledge of the basic and fundamental process of psychology.

Unit -01 Learning process.

Definition of learning.

Types of learning.

Theory of learning.

law of learning.

Unit -02 Memory and Forgetting.

Definition of Memory.

Nature of Memory

Types of Memory.

Factor of Memory.

Definition of forgetting

Effecting factor of forgetting.

laws of forgetting.

Unit -03 Perceptual process and Attention

Definition and meaning of Perceptual process.

Nature of Perceptual process

Laws of Perceptual process.

Definition and meaning of attention.

Nature of attention.

Effecting factor of attention.

Unit -04 Thinking process.

Definition and meaning of Thinking process..

Nature of Thinking process.

Effecting factor of Thinking process.

Creative thinking and it's stapes.

Problem solving and it's stapes.

REFERENCE :

1, Fildman : Understending Psychology.

2, Baron : Psychology

3, Zimbardo : Psychology and Life

4, Morris and Maisto : Understending Psychology.

5, Khatoon, N. (2012). *General psychology*. New Delhi, India: Pearson Education.

6, Misra, G., & Mohanty, A. K. (Eds.) (2002). *Perspectives on indigenous psychology*. New Delhi, India: Concept Publishing Company.

7, Morgan, C. T., & King, R. (1993). *Introduction to psychology*. New Delhi, India: Tata McGraw Hill Publishing Company Limited .

8, Munn, N. L. (1967). *Introduction to psychology* (3rd Ed.). New Delhi, India: Oxford & IBH Publishing Co.

9, Rao, K. R., Paranjpe, A. C., & Dalal, A. K. (Eds.). (2008). *Handbook of Indian psychology*. New Delhi, India: Foundation Books.

10, Sdorow, L. M. (1998). *Psychology* (4th Ed.) Boston: McGraw-Hill.

11, Wade, C., & Tavris, C. (2006). *Psychology*. Upper Saddle River, NJ: Pearson Education Inc.

The Scheme of Question Paper:-

3. The Paper will consist of four units.
4. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. sem II Core subject: Psychology
Paper Number- 04
Paper Name- “Life span Psychology”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Core	CCT-04	“Life span Psychology”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental Life span Psychology.
- 2, Understand the basic and fundamental Life span Psychology.
- 3, To improve knowledge of the basic and fundamental Life span Psychology
- 4, To introduce the issues and theories related to human development.
- 5, To understand different domains of development across life span.

Unit -01 Introduction.

Definition and meaning of Growth.

Definition and meaning of development.

Characteristics of growth and development.

Stages of life span.

Unit – 02 Language (speech) Development.

Definition and meaning Language (speech) Development.

Factor affecting on Language (speech) Development.

Definition and meaning Speech deficiency.

Types of Speech deficiency.

Unit -03 Social Development.

Definition and meaning Social Development.

Factor affecting on Social Development.

Role of school and peer group on social Development.

Unit -04 Emotional Development.

Definition and meaning Emotional Development.

Nature of Emotion

Types of Basic emotion and its manifestation.

Factor affecting on Emotional Development.

REFERANCE :

1,John Santrock : A topical approaches to life span development.

2,Pipaliya,Olds,Fildman : Human Deveploment.

3, Berk : Child Development.

4, Mitcseell and Ziegler : Fundamental of Development : The Psychology of childhood.

Berk, L. E. (2010). *Child development* (9th Ed.). New Delhi, India: Prentice Hall.

05,Feldman, R. S., & Babu, N. (2011). *Discovering the life-span*. New Delhi, India: Pearson.

06,Georgas, J., Berry, J. W., Van de Vijver, F. J., Kagitçibasi, Ç., & Poortinga, Y. H. (Eds.) (2006). *Families across cultures: A 30-nation psychological study*. New York: Cambridge University Press.

07,Kakar, S. (2012). *The inner world: A psychoanalytic study of childhood and society in India* (4th Ed.). New Delhi, India: Oxford University Press.

08,Mitchell, P., & Ziegler, F. (2007). *Fundamentals of development: The psychology of childhood*. New York: Psychology Press.

09, Papalia, D. E., Olds, S. W., & Feldman, R. D. (2006). *Human development* (9th Ed.). New Delhi, India: Tata McGraw-Hill.

10, Santrock, J. W. (2012). *A topical approach to life-span development*. New Delhi, India: Tata McGraw-Hill.

11, Saraswathi, T. S. (2003). *Cross-Cultural perspectives in human development: Theory, research and applications*. New Delhi, India: Sage Publications.

12, Shaffer, D. R., & Kipp, K. (2007). *Developmental psychology: Childhood and adolescence*. Indian reprint: Thomson Wadsworth.

13, Sharma, N., & Chaudhary, N. (2009). Human development: Contexts and processes. In G. Misra (Ed.), *Psychology in India, Vol 1: Basic psychological processes and human development*. India: Pearson.

14, Srivastava, A. K. (1997). *Child development: An Indian perspective*. New Delhi, India: Concept

15, Santrock : Child Development.

16, Feldman : Discovering the life span.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. sem II Elective 01 & 02 subject: Psychology
Paper Number- 03
Paper Name- “Psychology of Personal Adjustment”

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Elective 01&02	ECT -03	“Psychology of Personal Adjustment”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental Personal Adjustment.
- 2, Understand the basic and fundamental of Personal Adjustment in his life.
- 3, To improve knowledge and skills of the Personal Adjustment in various fields.
- 4, To improve behavior patterns of his life and personal adjustment.
- 5, Realize how psychological knowledge can be used in solving problems of adjustment.

Unit -01 Introduction.

Definition of adjustment.

Nature and characteristics of adjustment.

Characteristics of adjective human.

Definition of maladjustment.

Scope of Adjustment.

Adjusting Potency (Adjustment Improvement).

Unit -02 Fields of adjustment

Family adjustment.(Definition, Meaning and importance)

School adjustment. (Definition, Relation Between Teacher & student)

Marriage Adjustment.(Definition and Meaning, Effective Factors)

Unit – 03 Neuroses.

Meaning of neuroses.

Characteristics of Neuroses.

Types of Neuroses.

(Anxiety Reaction, Phobic reactions, Obsessive Compulsive reactions)

Unit-04 Defiance mechanism

Definition of Defiance mechanism.

Nature and characteristics of Defiance mechanism.

Types of Defiance mechanism.

Uses of Defiance mechanism

REFERANCES :

01, Weiten , Dunn , Hammer : Psychology applied to modern life : Adjustment in 21 th century.

02, Martin : Psychology : Adjustment and everyday living .

03, Wolman : Problem of modern life : Psychology of adjustment.

04, Santrock : Human Adjustment.

05, George : The dynamics of personal adjustment.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
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Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. sem II Elective 01 & 02 subject: Psychology
Paper Number- 03 (optional)
Paper Name- “Psychology of human development ”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Elective 01 & 02	ECT-03 optional	“Psychology of human development ”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental human development Psychology.
- 2, Understand the basic and fundamental human development Psychology.
- 3, To improve knowledge of the basic and fundamental human development Psychology.
- 4, Realize how psychological knowledge can be used in solving social problems.
- 5, To introduce the issues and theories related to human development.
- 6, To understand different domains of development across life span.
- 7, To understand the socio-cultural context of development with specific reference to the Indian context.

Unit -01 Introduction.

Definition and meaning of Growth.

Definition and meaning of development.

Characteristics of growth and development.

Difference between growth and development.

Effective factors of growth and development.

Unit – 02 Infancy

Characteristics of infancy.

Period of parental development .

Physical development and its effecting factors.

Physical illness and its types.

Unit-03 Adolescent.

Development Stages of Adolescent.

Physical changes and its effect of Adolescent.

Emotional changes and its effect of Adolescent.

Patterns of socialization.

Unit-04 Old Age.

Problems of old age.

Adjustment problem in old age.

Meaning of Generation gap and its effect.

References :

01, Berk : Child development.

02, Kaluger and Kaluger : Human development : The span of Life.

03, Santorck : Life span development.

04,Berk, L. E. (2010). *Child development* (9th Ed.). New Delhi, India: Prentice Hall.

05,Feldman, R. S., & Babu, N. (2011). *Discovering the life-span*. New Delhi, India: Pearson.

06,Georgas, J., Berry, J. W., Van de Vijver, F. J., Kagitçibasi, Ç., & Poortinga, Y. H. (Eds.) (2006). *Families across cultures: A 30-nation psychological study*. New York: Cambridge University Press.

07,Kakar, S. (2012). *The inner world: A psychoanalytic study of childhood and society in India* (4th Ed.). New Delhi, India: Oxford University Press.

- 08, Mitchell, P., & Ziegler, F. (2007). *Fundamentals of development: The psychology of childhood*. New York: Psychology Press.
- 09, Papalia, D. E., Olds, S. W., & Feldman, R. D. (2006). *Human development* (9th Ed.). New Delhi, India: Tata McGraw-Hill.
- 10, Santrock, J. W. (2012). *A topical approach to life-span development*. New Delhi, India: Tata McGraw-Hill.
- 11, Saraswathi, T. S. (2003). *Cross-Cultural perspectives in human development: Theory, research and applications*. New Delhi, India: Sage Publications.
- 12, Shaffer, D. R., & Kipp, K. (2007). *Developmental psychology: Childhood and adolescence*. Indian reprint: Thomson Wadsworth.
- 13, Sharma, N., & Chaudhary, N. (2009). Human development: Contexts and processes. In G. Misra (Ed.), *Psychology in India, Vol 1: Basic psychological processes and human development*. India: Pearson.
- 14, Srivastava, A. K. (1997). *Child development: An Indian perspective*. New Delhi, India: Concept

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Faculty of Arts
Syllabus.
Subject psychology
Course Name: B.A. sem II Elective 01 & 02 subject: Psychology
Paper Number- 04
Paper Name- “Psychology of Social Behaviour”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Elective 01 & 02	ECT- 04	“Psychology of Social behaviour”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental Social behaviour.
- 2, Understand the basic and fundamental Social behaviour.
- 3, To improve knowledge of the basic and fundamental Social behaviour.
- 4, Appreciate how individual behaviour is influenced by social context.
- 5, Understand how social behaviour can be analysed in terms of social psychological theories.
- 6, Realize how social psychological knowledge can be used in solving social problems.

Unit -01 Introduction.

Definition and meaning of social psychology.

Nature of social psychology.

Goal of social psychology.

Scope of social psychology.

Unit – 02 Social Communication

Definition and meaning and types of Communication.

Characteristics of good Communication.

Effective factor of Communication.

Unit - 03 Social influences.

Definition and meaning and types of interaction.

Leader and leadership.

Functions of leader.

Style of leadership. (Types Of leadership)

Unit- 04 Social attitudes.

Definition and meaning of social attitudes.

Formation process of social attitudes.

Changing process of social attitudes.

Definition and meaning of prejudice.

References :

01, Alcock, Sadava, Collins and Green : A text book of social psychology.

02, Aronson, Wilson : Social Psychology

03, Baron : Social Psychology

04, Taylor : Social Psychology

05, Baron R.A. and D. Byrne : ‘Social psychology’

(10th Edition 2004) New Delhi, Prentice Hall of India Pvt. Ltd.

06, Kuppaswamy B: ‘Elements of Social Psychology’

(7th Edition 1990) Delhi; Konark Publishers Pvt. Ltd.

07, Baron. R.A. Byrne, D & Bhardwaj. G (2010) : Social psychology

(12th Ed) New Delhi, Pearson.

08, Chadha, N.K. (2012) Social Psychology, MacMillan: New Delhi

Myers D.G. (2008) *Social Psychology*, New Delhi: Tata McGraw-Hill

09, Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). *Social psychology* (12th Ed.). New Delhi, India: Pearson.

10, Hogg, M. A., & Vaughan, G. M. (2005). *Social psychology*. Harlow: Pearson Prentice Hall.

11, Husain, A. (2012). *Social psychology*. New Delhi, India: Pearson.

12, Myers, D. G. (2008). *Social psychology*. New Delhi, India: Tata McGraw-Hill.

13, Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). *Social psychology* (12th Ed.). New Delhi, India: Pearson.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.

Faculty of Arts
Syllabus
Subject psychology
Course Name: B.A. sem II Elective 01 & 02 subject: Psychology
Paper Number- 04 (optional)
Paper Name- “Community Psychology ”.

Name of Course	Semester	Core	Paper Code	Paper Name	Credit	Internal Marks	External Marks	Total exam Marks	Exam time Duration
B.A	02	Elective 01 & 02	ECT- 04	“Community Psychology ”	03	30	70	100	2:30 hrs.

Course Objectives:-

This course should help students:

- 1, Introduction to basic and fundamental of Community.
- 2, Understand the basic and fundamental of Community.
- 3, To improve knowledge of the basic and fundamental of Community.
- 4, Appreciate how individual behaviour is influenced by Community context.
- 5, Understand how social behaviour can be analysed in terms of Community psychological theories.
- 6, Realize how Community psychological knowledge can be used in solving Community problems.

Unit -01 Introduction.

Definition and meaning of Community psychology.

Nature of Community psychology.

Goal of Community psychology.

Scope of Community psychology.

Model of Community psychology.

Unit-02 Method of community psychology

Qualitative method of community psychology.

Quantitative method of community psychology.

Unit-03 Community

Definition and meaning of Community.

Nature of Community.

Types of Community.

Level of Community.

Social change and liberty movement.

Unit-04 Development of community psychology.

Seven basic value in community psychology.

Personal perspective in community psychology.

social perspective in community psychology.

cultural perspective in community psychology.

References :

01, Kloos, Hill : community psychology.

02, Delton : community psychology.

03, Arvind shah : community psychology.

The Scheme of Question Paper:-

1. The Paper will consist of four units.
2. Every unit should be given equal weight age in the examination.